

# Barnet Children's Integrated Therapies

## Universal Training Menu

All sessions are FREE and delivered virtually (via Microsoft Teams), by Barnet Children's Integrated Therapy service therapists. Our training is for anyone supporting a child or young person with relevant needs.

15.09.2026

[Supporting Independence with Toileting – For Parents](#)

15.09.2026

[Supporting Independence with Toileting – For School Staff](#)

16.09.2026

[Eating Skills and Food Textures](#)

16.09.2026

[Supporting Hand function for Early Years and KS1](#)

17.09.2026

[Introduction to Sensory Based Functional Needs](#)

28.09.2026

[Supporting Early Attention Skills](#)

5.10.2026

[Emerging Communicators – support pre- & -early intentional communication](#)

15.10.2026

[Key word signing for Early Communicators](#)

20.10.2026

[Supporting the Sensory Environment and Sensory Spaces](#)

21.10.2026

[Eating Skills and Food Textures](#)

22.10.2026

[Food Explorers](#)

22.10.2026

[Multisensory Storytelling](#)

6.11.2026

[Supporting Early Attention Skills](#)

13.11.2026

[Introduction to Sensory Based Functional Needs](#)



Scan the QR code to book a place on our FREE virtual training sessions to be accessed by anyone supporting a child or young person in Barnet.

Please contact [whh-tr.barnetcit@nhs.net](mailto:whh-tr.barnetcit@nhs.net) or 020 3316 8900 with any queries.

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We also offer a range of pre-recorded online training videos, available to watch any time. Please click on the titles, or scan the QR code at the bottom of the page to view. Please contact [whh-tr.barnetcit@nhs.net](mailto:whh-tr.barnetcit@nhs.net) or 02033168900 with any queries.

[Part 1 – Introduction to Sensory Processing and Sensory Differences](#)

(20 mins)

[Part 2 – Sensory Processing strategies to support Functional Skills](#)

(18 mins)

[Supporting schools with the sensory environment](#)

(22 mins)

[Sensory Circuits](#)

(24 mins)

[Supporting independence with toileting](#)

(11 mins)

[Developing Self-Care skills for Adolescents](#)

(11 mins)

[Food Explorers](#)

(40 mins)

[Supporting sleep](#)

(58 mins)

[Early Hand Skills](#)

(13 mins)

[Supporting Children who have Hypermobility](#)

(28 mins)

[Alternative means to recording information – Supporting Handwriting Difficulties](#)

(13 mins)

