

Behaviour & Sleep

Norfolk Steps

Norfolk Steps

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The Norfolk County Council Steps team have developed a series of online sessions to support families. The sessions are created using tested methods and approaches already used in schools. They will help you understand:

- ✓ The use of positive language
- ✓ That your child's behaviour is a way of telling you their needs
- ✓ Consistency (doing things regularly to build good habits)
- ✓ Positive relationships.

Session 1

Norfolk Steps - Session 1

Understanding your child's behaviour

Session 2

Norfolk Steps - Session 2

Promoting positive behaviours

Session 3

Norfolk Steps - Session 3

Helpful responses

Session 4

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Making a plan

Session 5

Norfolk Steps - Session 5

Working with schools & settings

Also in this section...

[Behaviour](#)[Understanding Your Child's Behaviour](#)[Behaviour Troubleshooting](#)[Norfolk Positive Behaviour Strategies \(PBS\)](#)[Norfolk Steps](#)[Behaviour & Sleep](#)[Child Development & Additional Needs](#)[Online Learning - Togetherness \(Solihull Approach\)](#)[Still Worried / Need More Help?](#)

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