

Relationships and Sex Education Policy Consultation for Parents



‘Parents and carers have a vital role to play and should be involved from the beginning’

Government proposals require that parents and carers are consulted when the school develops and reviews its policy on RSE.



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What we need parents to know

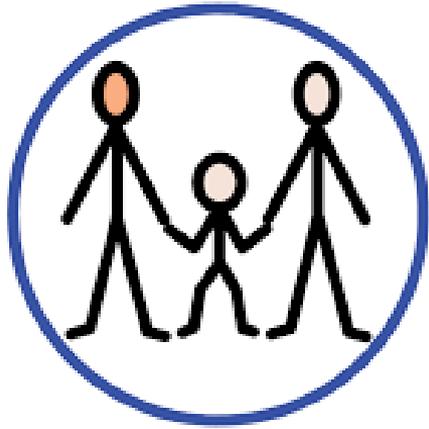
The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education now compulsory for all students receiving primary education and Relationships and Sex Education (RSE) compulsory for all students receiving secondary education

They also make Health Education compulsory in all schools except independent schools.

We aim to deliver a broad offer for Relationships Sex and Health Education adapted from the National Curriculum to be appropriate for our students



Parents Rights



This consultation presentation sets out both the rights of parents and carers to withdraw their child from sex education (**but not Relationships or Health Education**) and the process that we should follow in considering a request from a parent.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE except for the more biological aspects delivered as part of the science curriculum.



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Our revised RSE Policy



All schools must have in place a written policy for Relationships Education and RSE. Schools must consult parents in developing and reviewing their policy. Schools should ensure that the policy meets the needs of students and parents and reflects the community they serve. This presentation is a summary of proposed curriculum to reflect new Government changes for RSE



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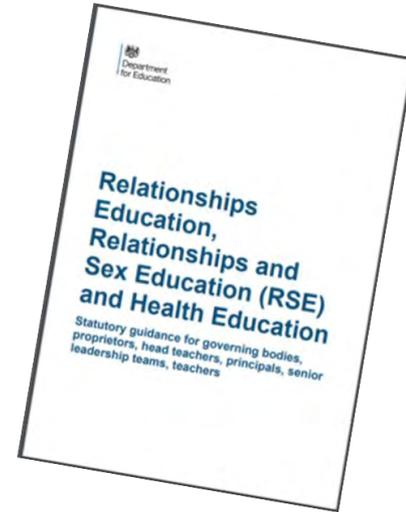


From September 2020

Relationships and Health Education as an addition to Sex and Relationships Education became statutory in all schools . This is now referred to as RSE

In 2020, the government made **Health Education** and **Relationships and Sex education (RSE)** compulsory, which makes most of the Personal Social Health Education curriculum now mandatory for all students in all schools. This applies to all students including those with Special Educational Needs.

We will ensure that our students are receiving age-appropriate, useful RSE, that ultimately enables them to live healthy, safe lives.



The Department for Education says' ...

'Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline.

This presents many positive and exciting opportunities, but also challenges and risks.

Today children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way'



Illustration from the book 'Here we are' by Oliver Jeffers



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Aims for our RSE Program

The aim of **Relationships Sex and Health Education** is to give our young people the information needed to develop healthy, nurturing relationships of all kinds, **not just intimate relationships.**

Students should be given opportunities to understand how healthy relationships can benefit their own mental wellbeing and self respect.

Effective Relationships and Sex Education does not encourage early sexual experimentation but teaches our students to understand human sexuality and respect themselves and others.

Knowledge about safe sex and sexual health remains important to ensure young people can make safe, informed and healthy choices as they progress to adult life (**where our students have this level of understanding**)



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What are the changes?

Relationships Sex and Health Education (RSE) is compulsory for all Secondary age students from 2020 (*note for Primary schools it is Relationships Education only*)

Health education is compulsory for **all students** in all state funded schools.

The Children and Social Work Act (2017) introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in Schools.

Safeguarding Children is at the heart of Relationships and Sex Education (RSE) as set out in the Government Guidance Keeping Children Safe in Education (KCSIE 2020)



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Oak Lodge Curriculum Offer

We aim to flexibly and inclusively deliver content from both the National Curriculum for Primary and Secondary to meet the needs of **all** our learners based on their physical and emotional development and level of understanding

We will do this in a way that is age and developmentally appropriate with respect for the backgrounds and beliefs of students and parents while always with the aim of providing students with the knowledge they need of the law.



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Overview of RSE Curriculum

Relationships and Sex Education	Physical Health and Mental Well-Being
Families (including different types of family units)	Internet Safety
Being Safe (including public and private behaviours)	Mental well being
Respectful Relationships including friendships	Physical Health and Fitness and Healthy Eating
Sexual Relationships and Sexual Health	Physical changing body and puberty

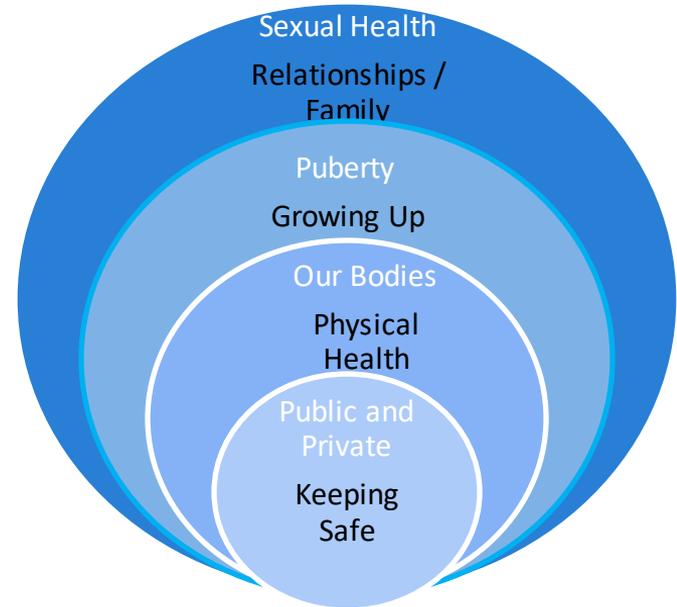


RSE Curriculum Model

The developmental model for RSE curriculum, at Oak Lodge, ensures that lessons and resources are delivered in a way students will understand, yet still cover the content that would be appropriate for their age understanding and the way their bodies develop.

Some students may not get to the stage where they are learning about sexual health however this will always be discussed with parents

We will move between these stages and revisit some topics several times to ensure students remember more



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Relationships and Sex Education

'In the past, teaching pupils with SEND about sex and relationships has often been overlooked, leaving many young people feeling unprepared as they grow towards adulthood.

The new legislation means we can expect much better'

Council for Disabled Children

'There should be opportunities to learn about the laws surrounding sex, sexuality, sexual health and gender identity which should be delivered in an age and developmentally appropriate and inclusive way' *Government Guidance (2020)*



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Physical Health and Mental Well-Being

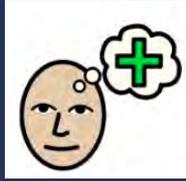
The focus of Health Education is on teaching good physical health and mental wellbeing.

Specific timetabled RSE lessons will cover all aspects of the health and wellbeing curriculum, some topics will be taught across other curriculum areas:

Science, PE, Personal and Social Development (PSD), Cooking, Computing and E-safety



Health Education



The focus of Health Education is on teaching good physical health and mental wellbeing.

Specific timetabled RSE lessons will cover all aspects of the curriculum, however there will be overlap with other curriculum areas e.g. PE, Personal and Social Development (PSD), Cooking

Department for Education guidance requires us to teach objectives under the following topics:

- Mental Wellbeing
- Internet safety and Safety in the community
- Physical Health and Fitness
- Healthy Eating
- Alcohol, Tobacco, Drug education
- Health and Basic First Aid
- The Changing Adolescent Body



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Inclusive Family Units

Part of the 'Relationships' curriculum



- We will teach about different types of families, including single parents, foster parents, step-parents, same sex parents
- Our aim is for our students to understand that other people's families, either in school or in the wider world, sometimes look different from their family, but they should respect those differences and know that other children's families are also characterised by love and care



LGBT+ Lesbian Gay Bisexual and Transgender

We aim to celebrate and accept diversity and difference



We accept that some students may be LGBT+ and some students may have LGBT+ parents or carers, family and friends.

Where RSE is taught to students with SEND the LGBT+ part of the curriculum (compulsory from 2020 in secondary schools) is often missed.

However, young people with learning disabilities and particularly autism are more likely to express themselves authentically, become attracted to whoever they are attracted to.



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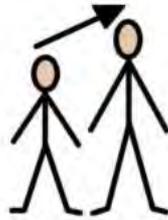
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Science



My



Growing Up



Story

It is compulsory for schools to teach the parts of sex education that fall within the Science Curriculum.

The statutory content requires maintained schools to teach children about human development, including puberty and reproduction



What



is happening

to



my



body?



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Why is e –safety in RSE so important



- Safeguarding children is at the heart of Relationships and Sex Education.
- Our students need to know how to protect themselves from...
- abuse
- online grooming



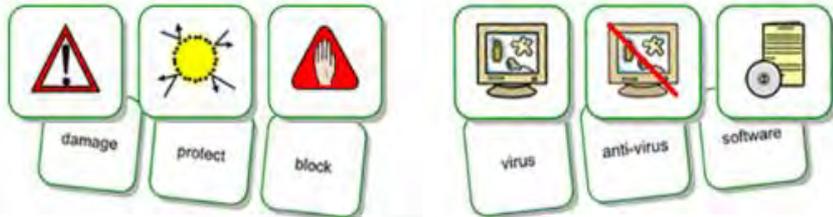
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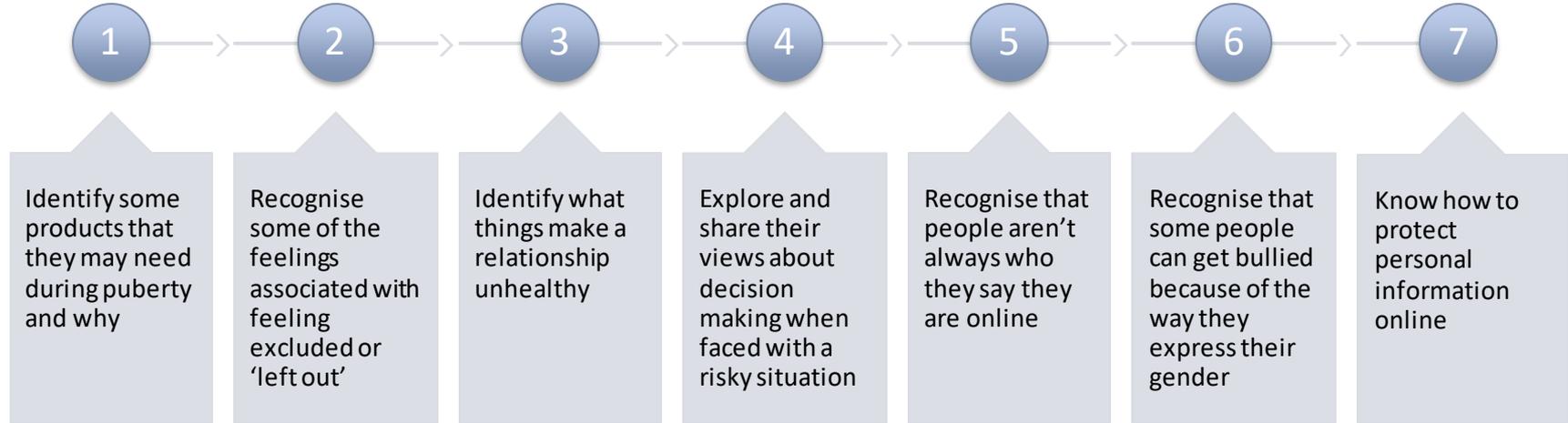
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Resources to share with you at home



Sample Learning Objectives



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Sample Semi Formal Learning Objectives

Bedroom – public or private?



bedroom

Public

Private

Private zones on the body

- To know how to say/sign 'NO'.
- To be able to clearly show an understanding of the 'private' parts on the body
- To be able to indicate where 'private' parts on the body are using photographs, illustrations and on their own body.
- Places on the body that are not private
- To know how to say/sign 'YES'.



Process to withdraw

A parent wishing to exercise this right, is invited to see the Headteacher or member of the senior leadership team, who will explore with parents the possibilities of adjusting the programme or approach and will discuss any impact that withdrawal may have on the young person

Appendix 2: Parent form: withdrawal from sex education within RSE

In secondary education from September 2020:

Parents will not be able to withdraw their child from any aspect of Relationships Education or Health Education (RSE)

Parents will be able to withdraw their child (following discussion with the school) from any or all aspects of Sex Education, other than those which are part of the science curriculum, up to and until three terms before the age of 16.

TO BE COMPLETED BY PARENTS			
Name of child or young person		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			



Thank You!

Thank you for taking the time to look at this presentation.

We hope that it helps explain the importance of teaching RSE at Oak Lodge School and you feel more informed about how and when things will be taught.

Please take the time to email any questions **to the Senior Leaders on contacts list** so that we receive your views to create an RSE program appropriate to the needs of our students and their families



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Staff Training

Senior Staff and the RSE Co-Ordinator have attended specific training with The Bridge Special School in preparation for the for the delivery of the new curriculum.

RSE Co-ordinator: Sharon Glynn

Staff will receive ongoing training on RSE as part of their continued professional development. It is recognised that staff delivering RSE require training on the curriculum content, and this will be done through individuals attending whole-school training programme that includes external training.

Given the sensitivity of RSE, the Senior Leadership Team will work together to ensure staff are fully supported in terms of supervision and in professional development



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